



# ENGLISH GYMNASTICS



TRI, TRS, DMT, TUM, DIS

National Competition

Handbook 2023

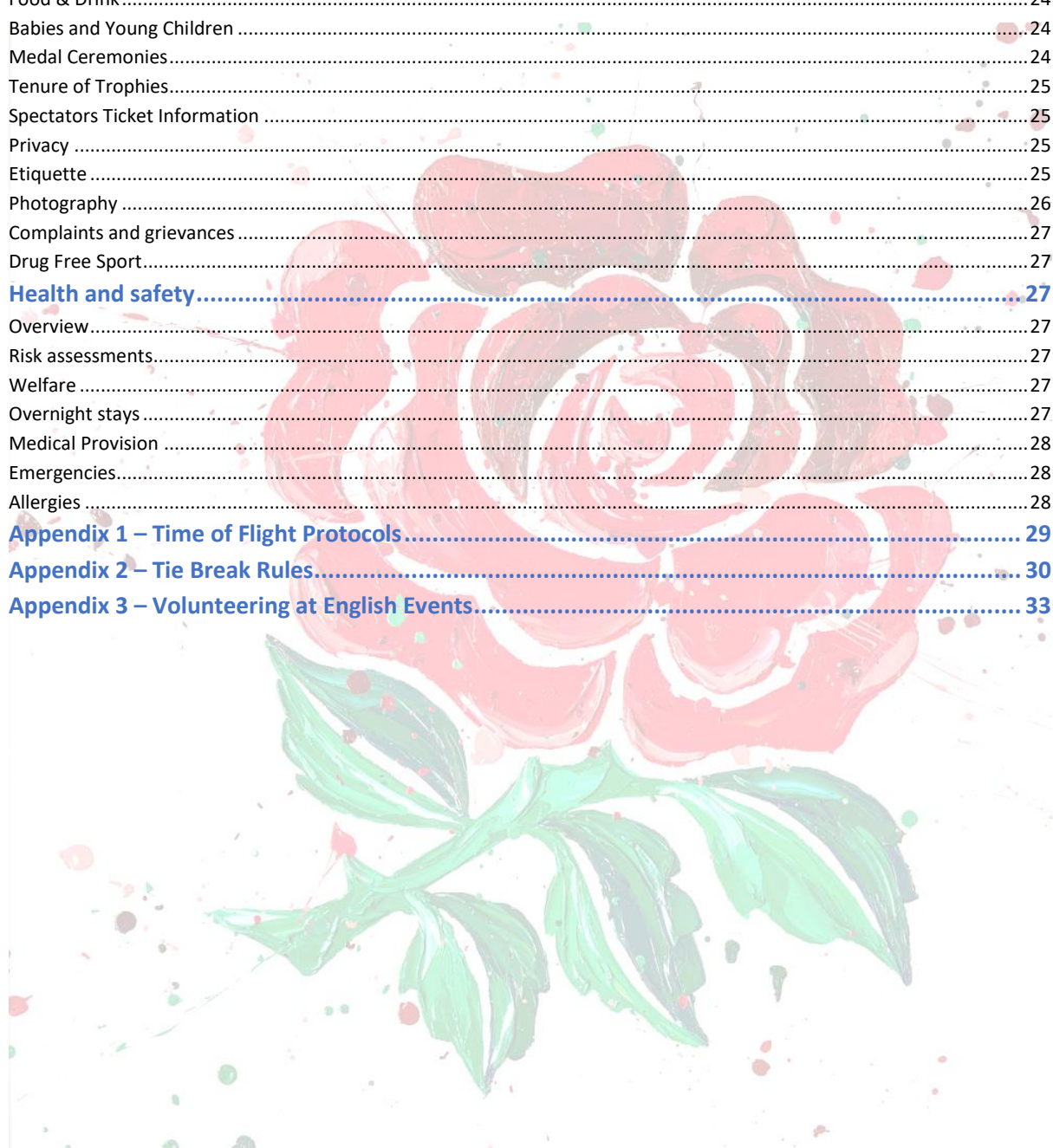
Version 2.1

[www.english-gymnastics.org.uk](http://www.english-gymnastics.org.uk)

# Contents

<b>Version History:</b> .....	<b>3</b>
<b>About</b> .....	<b>4</b>
<b>Welcome Letter</b> .....	<b>5</b>
<b>Competition Event Calendar 2023</b> .....	<b>8</b>
<b>Competition Event Calendar 2024</b> .....	<b>8</b>
<b>Eligibility &amp; Membership</b> .....	<b>9</b>
Nationality .....	9
Policy for the Participation of Trans People in Gymnastics Competition.....	9
Order of Performance.....	9
<b>Orientation:</b> .....	<b>10</b>
<b>Discipline Details</b> .....	<b>11</b>
Disability Trampoline, DMT and Synchronised (DIS).....	11
Age Policy.....	11
<b>Entry Process</b> .....	<b>12</b>
English Qualification Series, English Championships .....	12
Process of Application to (English Championships Only) .....	12
<b>Entry Fees</b> .....	<b>13</b>
Entry Fee for the English Qualification Series (TRA/ DMT) .....	13
Entry Fee for the English Championships (TRA/ DMT, Silver TUM & Gold TUM).....	13
Method of Payment.....	13
<b>Late Entries</b> .....	<b>13</b>
<b>Withdrawals and Substitutions</b> .....	<b>14</b>
<b>Provision of Officials</b> .....	<b>14</b>
Officials required for events .....	15
Missing judges .....	15
Withdrawal/ Change of Officials.....	15
<b>Competition Attire</b> .....	<b>16</b>
Gymnasts .....	16
Coaches.....	16
Spotters/ Competition Marshals.....	16
Judges Uniform .....	17
<b>Judge, Coach, Gymnast requirements</b> .....	<b>17</b>
Membership .....	17
Gymnasts .....	17
Lead Coaches .....	17
Coaches.....	18
Supervised Coaches .....	18
Assisting Coaches.....	18
Disability Chaperone.....	18
Medical Chaperone.....	18
Supervising Chaperone .....	19
Volunteers.....	19
Judges .....	19
<b>Coach Qualifications</b> .....	<b>19</b>
<b>Safeguarding</b> .....	<b>20</b>
<b>Guests</b> .....	<b>20</b>
<b>Publication of Results</b> .....	<b>21</b>
<b>General Regulations</b> .....	<b>21</b>

Registration.....	21
Competition Cards.....	22
Terms & Conditions of Entry to All Competitions.....	22
Code of Conduct.....	22
Enquiries.....	22
Competition Apparatus.....	23
Access to Warm-Up Hall.....	23
Food & Drink.....	24
Babies and Young Children.....	24
Medal Ceremonies.....	24
Tenure of Trophies.....	25
Spectators Ticket Information.....	25
Privacy.....	25
Etiquette.....	25
Photography.....	26
Complaints and grievances.....	27
Drug Free Sport.....	27
<b>Health and safety.....</b>	<b>27</b>
Overview.....	27
Risk assessments.....	27
Welfare.....	27
Overnight stays.....	27
Medical Provision.....	28
Emergencies.....	28
Allergies.....	28
<b>Appendix 1 – Time of Flight Protocols.....</b>	<b>29</b>
<b>Appendix 2 – Tie Break Rules.....</b>	<b>30</b>
<b>Appendix 3 – Volunteering at English Events.....</b>	<b>33</b>



## Version History:

English Gymnastics reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the [EGA Gymnastics Website](#). All updated versions will be made available to download at the time of change.

All versions will be listed on this page, regarding amendments made:

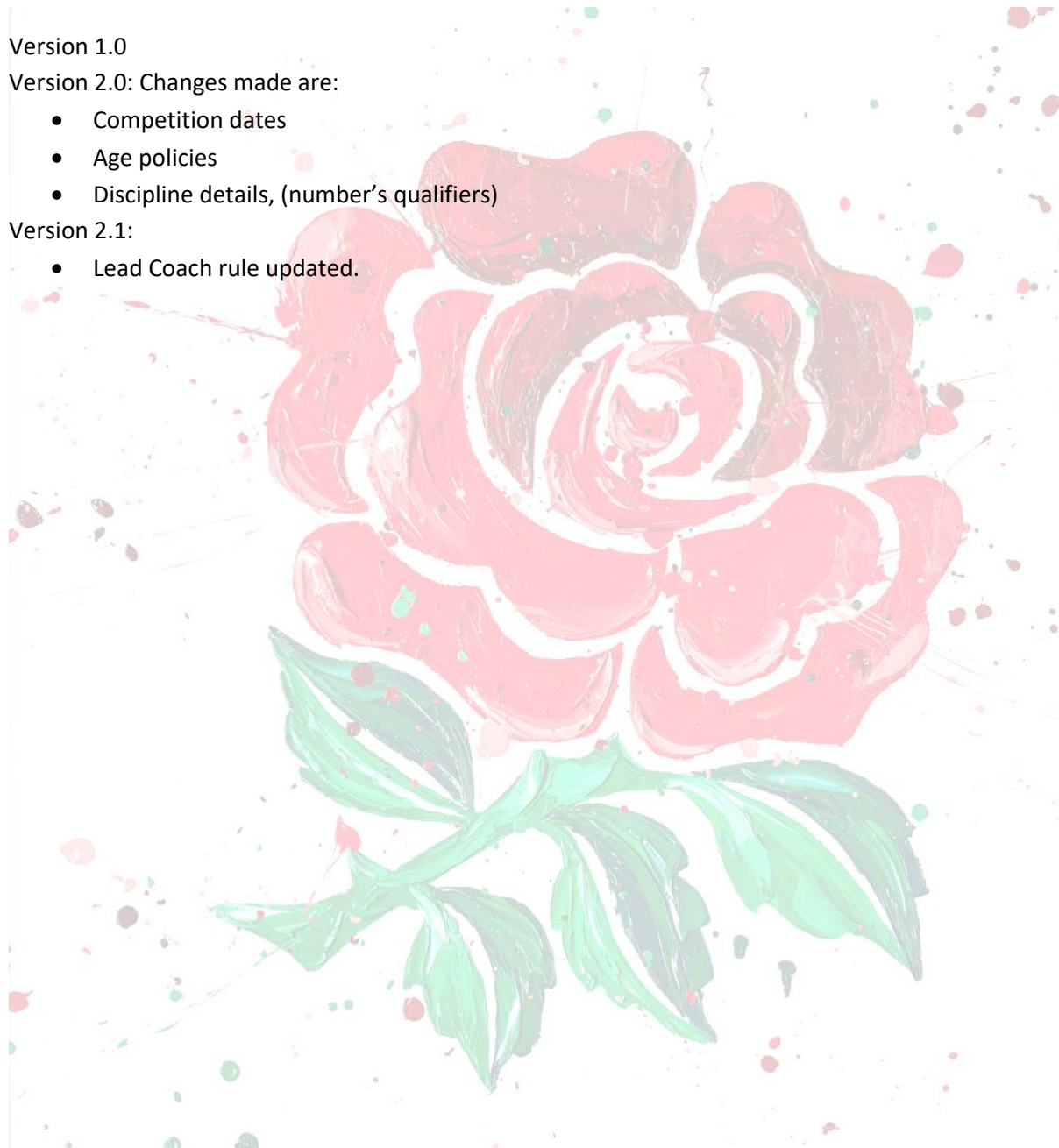
Version 1.0

Version 2.0: Changes made are:

- Competition dates
- Age policies
- Discipline details, (number's qualifiers)

Version 2.1:

- Lead Coach rule updated.



## About

### English Gymnastics

The English Gymnastics Association Limited (EGA) was originally formed in 1982 by the 10 English Regions, to ensure that England was represented in the Commonwealth Games and other international events. English Gymnastics is recognised by Commonwealth Games England and the Commonwealth Gymnastics Federation. We have also been instrumental in ensuring that English Championships now enjoy a major event status in the British Gymnastics calendar.

The English Gymnastics Strategy aims to meet the following vision and core purpose:

- To unite and reflect the common purpose of the Regions
- To deliver and facilitate opportunities to develop and retain all involved in gymnastics



## Welcome Letter

Dear Clubs,

Thank you for reading the English Competition Handbook 2023. I am pleased to introduce you to, the 'English Championships'. The championships, aims to underpin the National structure provided by British Gymnastics.

Those who are new to the English structure, please note that, the competition is based on a two-tier structure named Silver and Gold. Qualification to the English Championships for Silver and Gold events will be gained, through two qualifying competitions. The disciplines that you can compete within the English Championships are Trampoline Individual (TRI), Trampoline Synchronised (TRS), Double Mini Trampoline (DMT), Tumbling (TUM), Disability Trampoline individual, Disability Synchronised and Disability Double Mini Trampoline (DIS).

Tumbling has alternate qualification pathways to TRA and DMT that are set out within the document below.

You **cannot** qualify for British Championships through the English Championship Qualifying Series and vice versa (apart from Tumbling Gold)

Changes have been made to the criteria in 2023, so please make sure you've read through the document to make sure you are aware of the changes. We ask all coaches to please be mindful of the level you place your gymnasts. If your gymnast is good enough to compete at Gold, they should be entered into that level.

I would like to thank you for taking the time to read this handbook and look forward to seeing you at the competitions in 2023.

Yours in Sport

Stephen Wood

**English Gymnastic Trampoline, Double Mini Trampoline and Tumbling Technical Chair**

## Definition of Terms:

**Championships** means any English Championships organised by the EGA.

**Code** means the Code of Points used for the competition, from which technical information and regulations are taken such as EGA, BG or FIG.

**DD** means Degree of Difficulty

**DIS** means Disability Individual, Synchronised Trampoline.

**DMT** means Double Mini Trampoline.

**EGA** means English Gymnastics Association.

**EGTTTC** means the English Gymnastic Trampoline and Tumbling Technical Committee of EGA.

**Event** means any National competition and Championships organised by the EGA.

**FIG** means Federation International de Gymnastique.

**Organiser(s)** means the EGTTTC Competition Organiser

**Supervising Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. Any changes to the supervising coach(es) submitted on the [British Gymnastics Online Entry System \(GymNET\)](#) must be notified via email to [English Gymnastics Events](#), prior to the event and, in exceptional circumstances, if changes are required during the event, these must be notified to the Organisers.

**TRI** means Trampoline Individual.

**TRS** means Trampoline Synchronised.

**TUM** means Tumbling.

**WAG** means World Age Group.

Where no specific point is addressed in these Regulations, the current FIG Rules apply. However, the Technical Committee and its appointed officials reserve the right to define any Regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Key Contacts

### English Gymnastics TRA, DMT & TUM Technical Committee:

England Technical Chairman (ETC): Stephen Wood  
Email: [stephen.wood@englishgymnastics.org.uk](mailto:stephen.wood@englishgymnastics.org.uk)

England Judging Coordinator (TRA): Linzi Mullen  
Email: TBC

England Judging Coordinator (DMT): Matthew Caine  
Email: TBC

England Judging Coordinator (TUM): Pat Briggs  
Email: TBC

England Competitions Tech (TRA & DMT): Dexter Millen

England Competition Organiser (TUM): Paddy Lavelle

England Talent Officer (TRA/ DMT/ TUM): Kylie Walker

England TRI Squad Manager: TBC

England DMT Squad Manager: Jason Richardson

England TUM Squad Manager: Paddy Lavelle

### English Gymnastics Contact Details:

Chairman: Martin Laws  
Email: [martin.laws@englishgymnastics.org.uk](mailto:martin.laws@englishgymnastics.org.uk)

EGA Event Enquiries Email: [engevents@englishgymnastics.org.uk](mailto:engevents@englishgymnastics.org.uk)

### British Gymnastics Contact Details:

BG Customer Support (GymNET Entries etc.) Email: [customersupport@british-gymnastics.org](mailto:customersupport@british-gymnastics.org)

### English Regions:



[North West website](#)



[North website](#)



[Yorkshire website](#)



[West Midlands website](#)



[East Midlands website](#)



[South West website](#)



[South website](#)



[East website](#)



[London website](#)



[South East website](#)



## Competition Event Calendar 2023

Series Dates and Venues 2023	
<b>Event Name:</b>	English Qualification Series 1
<b>Event Date:</b>	22 <sup>nd</sup> & 23 <sup>rd</sup> April 2023
<b>Entry Opening Date:</b>	22 <sup>nd</sup> February 2023
<b>Entry Closing Date:</b>	Noon on the: 15 <sup>th</sup> March 2023
<b>Event Location:</b>	Medway Park Gillingham
<b>Disciplines:</b>	TRI, TRS, DMT and DIS
<b>Levels and age groups:</b>	Gold, Silver all age groups
<b>Event Name:</b>	English Qualification Series 2 & <b>Tumbling Silver Championships</b>
<b>Event Date:</b>	9 <sup>th</sup> to 11 <sup>th</sup> June 2023 (9 <sup>th</sup> only for Silver TUM Champs)
<b>Entry Opening Date:</b>	17 <sup>th</sup> April 2023
<b>Entry Closing Date:</b>	Noon on the: 3 <sup>rd</sup> May 2023
<b>Event Location:</b>	Telford International Centre
<b>Disciplines:</b>	TRI, TRS, DMT, DIS and TUM (Silver Only)
<b>Levels and age groups:</b>	Gold, Silver all age groups
<b>Event Name:</b>	English Championships & <b>Tumbling Gold Championships</b>
<b>Event Date:</b>	14 <sup>th</sup> to 16 <sup>th</sup> July 2023
<b>Entry Opening Date:</b>	12 <sup>th</sup> June 2023
<b>1<sup>st</sup> Entry Closing Date:</b>	Noon on the: 21 <sup>st</sup> June 2023
<b>2<sup>nd</sup> Entry Closing Date:</b>	Noon on the: 28 <sup>th</sup> June 2023
<b>Event Location:</b>	Telford International Centre
<b>Disciplines:</b>	TRI, TRS, DMT, DIS and TUM (Gold Only)
<b>Levels and age groups:</b>	Gold, Silver (TRI, DMT & DIS Only) all age groups

## Competition Event Calendar 2024

The 2024 Calendar will be released once the programme has been completed and confirmed.

## Eligibility & Membership

This is open to all British Gymnastics registered clubs, **who must be affiliated to their respective English region**. All persons attending English Gymnastics events in an official capacity, whether as a gymnast, coach, judge or official, are required to hold current British Gymnastics membership.

Gymnasts must have a 'Competitive' membership.

Judges require 'Judge' membership and coaches must have a minimum of 'Coach' membership.

### Nationality

Participants in all English Gymnastics events:

- Are subject to the requirements of Membership, Club/ Regional Registration, and other conditions of entry.
- Must be a British Citizen, holding a British Passport (or be in the process of obtaining British Citizenship and/ or Passport)
- Must have lived in England for a period exceeding 36 months.
- Must have an England born mother, father, or a grandparent.
- Not be a member of a Squad of any other Commonwealth country, or previously represented another Commonwealth country, unless the consents required by [Byelaw 17\(3\) of the Constitutional Documents of the Commonwealth Games Federation \(CGF\)](#) have been obtained.

If a participant does not meet any of the above criteria, although wishes to be considered for entry, the participant may apply via email to [English Gymnastics Events](#).

The Approval Panel's (EGA Chairman, Vice Chairman, Discipline Specific Chair) decision shall be final and are not open to appeal.

Disclosure: It is the responsibility of the person making the Competition Entry to ensure that all gymnasts have their Nationality declared within the GymNET Online Entry portal or as soon as possible via email to the [English Gymnastics Events](#).

### Policy for the Participation of Trans People in Gymnastics Competition

For information on trans people in gymnastics competition, please refer to the [Club Hub - Resources](#).

### Order of Performance

The order of performance will only be confirmed once all entries have been received. All start lists and timetables will be published on the [British Gymnastics Find an Event](#) and the [EGA Website](#) alongside the official's lists.

The order of performance will also be emailed to all participating clubs at least **one week before the first day** of the competition.

The competition organisers reserve the right to:

- Adjust the timing of the events across the competition weekend if required, (as much notice as possible will be given).

- Run up to one hour ahead of schedule.
- Make changes/ alterations to the groupings and panels to enable the competition to run on time and smoothly.

To maintain a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the ETC reserves the right to alter the grouping of gymnasts and/ or running order of gymnast.

**Qualification events** – wherever possible:

- Silver level events will be held on the first day of competition (Saturday).
- Gold level events in all disciplines will be, wherever possible, held on the second day (Sunday).

**Silver Tumbling Championships (TUM)** held at the 2<sup>nd</sup> English Event, more details in [Section 5](#).

**The English Championships** – wherever possible:

- TRI, DMT and DIS will only have an orientation at the Championships. Orientation will be held on Friday afternoon/evening
- All Gold and Silver Level preliminaries will be held on the first day of competition (Saturday)
- All Gold and Silver Finals will be held on the second day (Sunday)
- TUM Gold will run 9-10, 11-12 and 13-14 on the first day of competition (Saturday) and 15-16, 17-21 and Senior levels on the second day of competition, (Sunday)
- Orientation for TUM, Saturday will be held on Friday afternoon/evening. Orientation for Sunday will be held Saturday evening.

## **Orientation:**

Orientation will ONLY be held at the 'English Championships'. Orientation will be held on Friday afternoon/evening for those who are competing on the Saturday. The Organising Committee will draw up a timetable, informing clubs of their time slot to attend. Clubs may NOT attend a time slot, that they have not been allocated. Any club found training in the wrong time slot will be asked to leave immediately.

## Discipline Details

The English Championships, have a set number of places available for gymnasts. Gymnasts must qualify through the 'English Qualification Competitions'. The numbers are listed in the table below:

Level	Discipline	Number of spaces available:	
Gold	TRI	32	Qualifiers Male and Female
Gold	DIS TRI	16	Qualifiers Male and Female
Gold	TRS	10	Qualifying Pairs Male & Female, (9-10, 11-12 Male Female & Mixed)
Gold	DIS TRS	10	Qualifiers Male and Female
Gold	DMT	24	Qualifiers Male and Female
Gold	DIS DMT	12	Qualifiers Male and Female
Gold	TUM *	Top 16	Male and Female (ranked from the two Spring Cup events)
Silver	TRI	32	Qualifiers Male and Female
Silver	DIS TRI	16	Qualifiers Male and Female
Silver	TRS	10	Qualifying Pairs Male and Female
Silver	DIS TRS	10	Qualifiers Male and Female
Silver	DMT	24	Qualifiers Male and Female
Silver	DIS DMT	12	Qualifiers Male and Female
Silver	TUM *	Exercise Criteria Handbook	

\* There are no Qualification for Tumbling at the English qualification series. Silver qualification will be taken from Regional qualification competitions. Gold levels will qualify through the spring series events. For more details see [Tumbling section](#) of the 'Exercise Criteria Handbook'.

All discipline specific exercise criteria can be found in the 'Exercise Criteria Handbook', which can be found on the English Gymnastic website.

### Disability Trampoline, DMT and Synchronised (DIS)

See separate document 'English Disabilities Handbook', which can be found on the Find an Event pages – see individual event.

### Age Policy

For entry to all age dependent categories, a gymnast's age will be taken as the age reached in the year of the competition. The minimum age (within the year of competition) for entry to English Gymnastics' events is:

- 9 years into the Silver competition
- 10 years into the Gold competition.

Year Born Eligibility for competitions 2023	
9 - 10 Years (Silver Only)	Born 2014 – 2013
11 - 12 years	Born 2012 – 2011
13 - 14 years	Born 2010 – 2009
15 - 16 years	Born 2008 – 2007
17 +	Born before 2006
Masters Series	
Youth	Born 2013 – 2011
Junior	Born 2010 – 2007
Senior	Born before 2007

#### Notes:

- Gymnasts entering the Gold level of competition **can compete in both their Age Group** and in the **Masters' Series**, as long as they can meet the criteria.
- **Gymnasts who compete 9-10 Silver level and who are 10 in the year of competition, can compete in both the silver age group competition and in the Youth Masters Gold. No other age group will be allowed to do this.**
- Exercise Criteria can be found in the 'Exercise Criteria Handbook'.
- Updates to age grouping for 2023:
  - ✓ The Masters Series Youth has been created to cater for 10-, 11- & 12-year-old age group. We have added 10-year age category to Youth Masters Series, to help with long term development of this age group, (See above for information).
  - ✓ Age groups 13 – 14 and 15 – 16 will remain as a separate Age Group within the Gold categories. You are allowed to enter both age group and masters' series.
  - ✓ If you are in Age Group 15 – 16 years and wish to safely challenge yourself, you can opt to enter the Senior Masters Series OR remain within the Junior Series. This is down to coach and gymnasts' joint discretion. This is the only age group with this option.

## Entry Process

### English Qualification Series, English Championships

Entry to the English events is completed via the [British Gymnastics Online Entry System \(GymNET\)](#). Complete instructions for adding an entry via the GymNET Online Entry Portal are available to download from the [British Gymnastics Website](#).

Queries relating to the process, to initially be directed via email to [English Gymnastics Events](#). All entries must be fully submitted electronically by the stipulated closing date/ time.

### Process of Application to (English Championships Only)

By the **5pm on the 12<sup>th</sup> of June 2023**, an invitation list will be published on the English Gymnastic Website for the clubs to see who has qualified for the Championships.

It will be the **responsibility of the club to confirm Acceptance to Compete** by the 1<sup>st</sup> closing date: [21<sup>st</sup> June 2023](#).

This is to give the competition organisers time to fill any spaces that have not been accepted. Anyone not confirming Acceptance by this date, will have their place given to the next highest score in the ranking list, (2<sup>nd</sup> closing date is [28<sup>th</sup> June 2023](#)).

## Entry Fees

We have kept the entry fees the same as 2022.

### Entry Fee for the English Qualification Series (TRA/ DMT)

Entry into 1 individual discipline	£45
Entry into 2 individual disciplines	£55
Entry into 3 individual disciplines	£65

### Entry Fee for the English Championships (TRA/ DMT, Silver TUM & Gold TUM)

Entry into 1 individual discipline	£55
Entry into 2 individual disciplines	£65
Entry into 3 individual disciplines	£75

### Method of Payment

Payment is to be made by **Debit/ Credit Card** at point of entry.

Entry fees are **non-refundable after the closing date**.

Entries are made via the [British Gymnastics Online Entry System \(GymNET\)](#).

## Late Entries

Late entries will only be considered in exceptional circumstances. In the unlikely event of a late entry being accepted, payment of twice the normal entry fee stated for the competition (up to a maximum late entry fine of £500, not including the original entry fee) will be required for Individuals.

Applications will normally only be considered up to seven (7) days after the closing date.

Late entries must be made via email to [English Gymnastics Events](#), and will then be referred to the Organiser for consideration. The Organiser will have absolute discretion whether to accept a late entry.

Late entries must be emailed to [English Gymnastics Events](#) including the following details:

- Gymnast full name
- DOB
- Membership number
- Event category to be added to
- Judge & Coach details (as per gymnasts' details)

## Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded (minus a 3% admin charge).

**Entry fees are non-refundable after the closing date.**

Where it is necessary to substitute a coach, the club must inform the [English Gymnastics Events](#) so that the coach can be checked for membership, awards, and safeguarding before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute(s) must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current British Gymnastics membership and current British Gymnastics specific DBS and Safeguarding certificates, otherwise they will be unable to access the field of play.

## Provision of Officials

**Qualification Series:** The **EGA will not be responsible** for booking any rooms or pay any expenses towards judges' travel or accommodation during the English Qualification Series.

Clubs will be required to nominate judges for the English Qualifying Series when entering gymnasts online.

**English Championships:** Clubs will be required to nominate judges for the English Championships when entering gymnasts online.

England are now starting to create a list of judges that wish to judge at the English Championships. We would like clubs to encourage their judges to nominate themselves forward to be placed on the England Judge List. The EGTTTC's National judging Coordinators for Trampoline and Tumbling will then appoint officials and judges for the English Championships from those put forward. The EGTTTC will provide all accommodation and meals at the event but **WILL NOT** provide travel expenses.

**Judges for the English Qualification Series** should ideally hold the **County Judge qualification** as a minimum.

**Judges for the English Championships** will be required to hold the **Regional Judge qualification** as a minimum.

However, judges of a lower qualification may be considered for development purposes and should email the [English Gymnastics Events](#) in the first instance although the Organiser will have absolute discretion whether to accept a lower qualified judge for sustainability of the event.

## Officials required for events

Number of Competitor Entries per day	Number of Officials Required per day
1 – 2	1 suitable official for a full day
3 – 5	1 suitably qualified judge
6 – 9	3 judges (minimum of 2 qualified judges)
10 – 14	4 judges (minimum of 3 qualified judges)
15 – 20	5 judges (minimum of 3 qualified judges)
21+	6 judges (minimum of 4 qualified judges)

### Missing judges

If clubs cannot supply the required number of judges, the club will be required to pay a fine of £150 per missing judge, with a maximum charge of £600 for any one club at any one competition. This is so the organisers can try and supply an independent judge to make up for the missing judge/ official.

Where a club is unable to supply a judge and accepts the missing judge fine (as per above), they are to email the [English Gymnastics Events](#) stating:

- Their Club
- Number of gymnasts being entered into the event (ideally these will be prepared on GymNET, ready to submit)
- Number of missing judges
- Acceptance of missing judge fee

Upon receipt of this application, the English Gymnastics Administrations Team will confirm the missing judge fee and apply this to the Clubs GymNET event application.

The English Judge Coordinator may be inclined to accept officials such as marshals, floor security, door officials in place of a judge. **This will be done on a first come, first served** basis and once all places are full, the charges above would apply.

### Withdrawal/ Change of Officials

Please note that any withdrawals of a judge up to two days before the competition will result in a £200 fine per judge withdrawn UNLESS another judge of equal or better quality replaces them.

If a judge is withdrawn in the two days before or on the day of the competition, the fine will increase to £300 per judge UNLESS a suitable replacement is found to replace the missing judge.

**Note:** Illness on the day DOES NOT permit clubs to withdraw judges without replacing them with another.

All fines must be paid in full before the start of the competition or the club will be refused access to the field of play, until the fine is paid in full - **NO EXCEPTIONS.**

All fees will be invoiced by EGA Events Admin Team.



## Competition Attire

### Gymnasts

To make EGA events more inclusive and accessible, a British Gymnastics Policy has recently been approved by the British Gymnastics Board, following consultation with the National Technical Committee, and having adopted feedback received from the community.

In principle, this Policy overarches, but should be read in conjunction with, the discipline specific policies and references in the Code of Points and other documents.

The Policy seeks to break down barriers to participation by, for example, removing gender specific requirements for competition attire.

These overarching principles may be found in the [Club Hub - Resources \(Clothing Attire at Events Policy\)](#). The implementation of this Policy will be monitored for the first year and reviewed accordingly, but Coaches are encouraged to email the [English Gymnastics Events](#) or their respective Competition Organiser should they have any queries about the attire that they propose for their gymnast to wear at EGA events.

Advertising must adhere to the [Club Hub - Resources \(Advertising on Clothing & Competition Attire at Events Policy\)](#). When representing your Club, the wearing of GBR or Home Country attire at EGA events is strictly forbidden. For the avoidance of doubt, any inclusion of the Union Flag (or other Home Nation Flag) within the design of any leotard is expressly forbidden.

Strapping – a suitable color of tape should be used, i.e., no bright colours or patterns.

The removal of leotards on the Field of Play is not allowed.

### Coaches

- Coaches must wear a tracksuit with full length tracksuit bottoms or full-length tracksuit bottoms with a collared polo shirt or club t-shirt and appropriate gym/ training shoes.
- The wearing of GBR or Home Country attire at EGA events is strictly forbidden - unless on international duty for your Home Country.
- Long hair should be braided or tied back so as not to obscure vision.
- Coaches will not be allowed to support on the competition floor if wearing ANY jewellery. Exceptions are as per the [Club Hub - Resources \(Health & Safety Guidance: Safe Coaching\)](#).

Non-compliance may result in removal of the Coach and consequently, for health and safety reasons, their Gymnast(s) from the competition.

### Spotters/ Competition Marshals

- Spotters must wear clothing as described in the FIG Trampoline Code of Points. Non-compliance may result in removal of the coach/ spotter and consequently, for Health and Safety reasons, their gymnast from the competition.

- Spotters will not be allowed to support on the competition floor if wearing ANY jewellery. Exceptions are as per the [Club Hub - Resources \(Health & Safety Guidance: Safe Coaching\)](#).

### **Judges Uniform**

- Dark blazer or suit jacket
- Dark trousers or Skirt
- White shirt
- Black shoes
- For men: a navy blue or English Gymnastics tie
- For ladies: an English Gymnastics scarf should be worn
- Recorders, computer operators and other officials who may be working alongside the judges should dress similarly.

Clothing modifications can be requested for religious or disability needs. Contact [EGA Events](#) for Clothing Modifications Form.

### **Judge, Coach, Gymnast requirements**

The following provides requirements for Judges, Coaches, and Gymnasts that are to be involved within this event.

**Note:** Only Clubs affiliated to their respective Regions will be allowed to enter English Gymnastics events

#### **Membership**

All persons attending EGA events in an official capacity, whether as a Gymnast, Coach or Judge, are required to hold current British Gymnastics Membership upon entry to and in attendance, in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry proof of British Gymnastics Membership to all competitions and be prepared for these to be checked by the Organisers or their appointed officials.

#### **Gymnasts**

Membership level must be Competitive Gymnast, Coach or Life Member of British Gymnastics to enter an EGA event. In normal circumstances, Gymnasts should also be a member of a British Gymnastics Registered Club.

In exceptional cases, where a Gymnast does not belong to a British Gymnastics Registered Club, they must email [English Gymnastics Events](#), and request entry into the event. If granted, such Gymnasts will be given the classification as being 'Independent'. In such circumstances, the Independent Gymnasts must nominate a Coach and must also meet all other Membership requirements.

#### **Lead Coaches**

Lead Coaches' Membership level must be Coach or Life Member of British Gymnastics. Coaches must be qualified to the level of the skills being performed before being allowed to participate in an

EGA event. Lead Coaches must have a current Safeguarding and DBS Certificates – See [Safeguarding Section](#).

Clubs require EGA authorisation via [email](#) for a Coach from their club to support skills of a maximum of 1 level higher than that coach's qualification (Supervised Coach) under the supervision of a higher level Coach (Lead Coach). All requirements of the Lead Coach Guidance must be met prior to attending the event.

Online there is the [Lead Coach Guidance](#) and a [Flow Diagram](#).

### **Coaches**

Coaches' membership level must be Coach or Life Member of British Gymnastics and must be qualified to a minimum of Level 2. Coaches must be qualified to the level of all the skills being performed by the gymnast for which they are responsible. Coaches must have current Safeguarding and DBS Certificates. See [Safeguarding Section](#).

### **Supervised Coaches**

To be a Supervised Coach, you must be a minimum of Level 2 in the relevant discipline.

### **Assisting Coaches**

Assisting Coaches' Membership level must be Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in an EGA event. Assisting Coaches must have a current Safeguarding and DBS Certificate - See [Safeguarding Section](#).

Assisting Coaches cannot be responsible for the gymnasts.

For Assistant Coaches to be added to the GymNET entry, you must email [English Gymnastics Events](#) for confirmation of their credentials.

### **Disability Chaperone**

Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition.

The carer:

- Will not be insured by British Gymnastics to take part in any type of recognised gymnastics activity.
- Will be required to be dressed appropriately if entering the warm-up hall or field of play.

### **Medical Chaperone**

In exceptional circumstances, upon written request, a Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for the carer (from GP or other medical practitioner) will be required to be submitted to the [English Gymnastics Events](#) email at least one week prior to the start of the event.

The carer:

- Will not be insured by British Gymnastics to take part in any type of recognised gymnastics activity.
- Will be required to be dressed appropriately if entering the warm-up hall or field of play.

### **Supervising Chaperone**

The Organisers may authorise Supervising Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable, will be defined in the specific competition pages. In these circumstances, the Supervising Chaperones must either be qualified as a Level 1 Assistant Coach or be a Club Welfare Officer and hold the relevant membership and qualifications, DBS and SPC for their position(s). Supervising Chaperones will not be permitted to enter the Field of Play.

### **Volunteers**

Volunteers are vital to help with the smooth running of the competitions. We always welcome volunteers who will be willing to help setup and break down of the competition floor at the start and the end of the event. The EGA welcome all young leaders and would be happy to find jobs for all who wish to volunteer to help make our competitions run smoothly. Additional information can be found in [Appendix 3 - Volunteering at English Events](#).

Volunteers are required as part of your entry – For details, see [Provision of Officials section](#)

### **Judges**

Judges must hold a suitable level of British Gymnastics membership before being allowed to officiate at an EGA event – see [British Gymnastics website \(membership\)](#) for further details.

Judges must also hold a current Cycle of Judging Award (Cycle 15).

The EGA does not required Judges to complete a Criminal Record Check (DBS) to Judge at EGA competitions, as the role that Judges fulfil at the event no longer falls within [DBS Eligibility](#). However, some Judges are actively involved in Club gymnastics and may provide Judging instruction to children in a training environment or carry out a supervisory role (or may complete a Criminal Record Check by virtue of another role they undertake e.g., Coach). As not all Judges use their qualification in the same way, it is the Club's responsibility to assess the role the Judge is undertaking and determine whether the activities involved fall within the Eligibility Criteria for a Criminal Record Check. British Gymnastics no longer requires all Judges to complete Safeguarding Training, but Clubs should ensure any Judge who supervises or instructs children has completed appropriate training.

For further information on Membership levels, please visit the [British Gymnastics Website](#).

## **Coach Qualifications**

When submitting entries for an EGA event, Clubs must ensure that the nominated Supervising Coach(es) is/ are qualified to the level of the participant's performance. The practice of supervising participants working above the level of the Coach's qualification is not allowed.

All Coaches must have completed the [British Gymnastics Positive Coaching Module](#).

All Coaches entered on the event entry, must be the same ones attending the event. It is unacceptable to enter a Coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their Club and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

It is the Club's responsibility to ensure that only accredited Coaches are on the Field of Play and Warm-Up areas. Coaches who are used to push mats must be at least a Level 2. Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all the Coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation. Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting Coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

If it is found that a Club is in breach of these policies, the EGA reserves the right to reject an entry on the grounds of Gymnast safety or, if discovered post-performance, to disqualify the competitor and remove their score(s) from the official results.

## Safeguarding

All Coaches, Lead Coaches, Supervised Coaches and Assisting Coaches are required to hold a valid DBS certificate, **or Home Nation equivalent**, and have current Safeguarding and Protecting Children Awareness training at the time of the event.

**Coaches who do not fulfil this requirement** will not be accredited or allowed to participate at British Gymnastics Events.

All **gymnasts must have an accredited coach**, present on the field of play and in the warmup hall at all times. If a gymnast attends a competition without a suitably qualified coach or supervised coach, they will not be allowed to compete.

More information about our safeguarding requirements and the training/certificates that we accept, can be found on our website via the [Safeguarding and Safe Sport page](#) under 'Safeguarding', and by scrolling down to 'Training'.

Coaches must also have a **valid home country criminal record check both at the time of entry and through to the end of the event before being allowed to participate at a British Gymnastics Event.**

**These changes are applicable to British Gymnastics members. Wales are reviewing their own and Scotland always deal with theirs separately.**

## Guests

Gymnasts who are not English may request or be invited by English Gymnastics to take part in the English Event Series and Championships. They will receive scores(s) but will not receive a ranking in the official competition results.

If a gymnast wishes to compete as a Guest (see [Nationality Eligibility section](#)) at an English event series competition or championships, the club/ coach/ Home Nation should email the [English Gymnastics Events](#) before the closing date.

Following the application, a decision will be made by the EGATTC as to whether the entry can be accepted. If the entry is accepted, the entry fee will then become payable and added to the club basket.

Only those gymnasts classed as English (using the [Eligibility criteria](#)), can be ranked in the official competition results where an English title is being contested. English Gymnastics will award a medal to a Guest, but they will not take part in the official medal ceremony.

Where a competition provides a qualification route to take part in the English Championships, the result of a non-English gymnast will not lead to the displacement of an English gymnast who would have otherwise qualified for the English Championships.

Participation is also subject to approval from their FIG member Federation/ Home Nation in accordance with FIG statutes. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances, the gymnasts will be referred to as Guest.

## Publication of Results

After individual events & the final qualification event, results will be collated, ranked, and verified before publication. Results and standings will be sent out as soon as possible in the week following the competition.

A link to the results and tables will be placed in the [British Gymnastics Find an Event](#) and on the [EGA Website](#).

## General Regulations

Coaches must make adequate provision for the supervision of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present. All gymnasts must have an accredited coach present at the event. If a gymnast attends a competition without a Supervising Coach, they will not be allowed to compete.

### Registration

You may only register your gymnast(s)/ club when those competing in that section of the event have arrived at the competition venue and intend to compete. Please inform the Registration Desk of any withdrawals as soon as possible.

During registration, accreditation/ passes will be issued. Accreditation/ passes are non-transferable, and any infringement of this rule may result in disciplinary action being taken by the EGA.

## Competition Cards

Competition cards are required at all Levels and competitors may not compete without a valid Competition Card.

It is the coach's responsibility to ensure that the Competition Cards are completed correctly and submitted at the Registration Desk. If no Registration Desk is present, please hand them straight to the **Difficulty Judge** on the appropriate Panel before the competition/ flight starts.

Competition Cards should be marked with asterisks to indicate required elements in EGA/ WAG/ FIG routines. This must be completed prior to the Card being submitted. Likewise, all elements that require a difficulty mark should be identified before the Card can be accepted.

All Cards must be signed by the appropriately qualified Supervising Coach to be valid. Competitors may not compete without a valid Competition Card.

Although, it is preferred that a template is used, Competition Cards may be submitted on plain paper if they are clearly legible and completed using FIG notation.

## Terms & Conditions of Entry to All Competitions

In addition to the EGA General Rules & Regulations:

All gymnasts that agree to be treated by the EGA appointed medical staff will be bound by the decision of the EGA medical staff in relation to their suitability to compete in the competition. By entering the competition, you are agreeing to abide by the [Club Hub - Resources \(Photography Policy\)](#) that the EGA have adopted.

The person making the online entry on behalf of gymnast(s), or a club undertakes to ensure that those who they are submitting an entry on behalf of are fully aware of and agree to abide by the contents of this Handbook.

## Code of Conduct

English Gymnastics will follow the [British Gymnastics website > Technical Information > Technical Committees > National Technical Committees - Code of Conduct](#).

Trampoline Judges [Code of Conduct](#).

EGA, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, Judge, gymnast, or team at any time, if they do not comply with EGA or British Gymnastics Regulations.

## Enquiries

By submitting an enquiry, you agree to pay a fee of £50, which must be paid on the day by cash or cheque.

- The Supervising Coach for the Club of the competing gymnasts should make the enquiry with the Chair of the Judges Panel.
- A coach may enquire about the Difficulty score, in accordance with the principles of the FIG Code of Points.
- In addition, in Trampoline, a coach may also enquire if they believe the Time-of-Flight score to be inaccurate.
- Enquiries can be made only for the Club's own Gymnasts.
- No enquiries can be made about Execution scores, or other penalties.
- Enquiry forms will be published in each event work plan.

A verbal enquiry should be made after the publication of the score and at the very latest before the end of the flight.

A fee will only be due if the enquiry is about something other than a missing Time of Flight or a questioning of DD.

If a resolution cannot be made before the start time of the next competitors' routine, the calculated mark will be listed as 'provisional' and will be considered at the end of the flight and before any award ceremony.

The Judge Panel/ Judge Competition Coordinator cannot accept any photographic analysis at an event unless an official video replay system is available and could be referred to by the Chair of the Judges Panel for the benefit of every competitor.

### **Competition Apparatus**

For EGA events, the following competition apparatus will be used:

- Trampoline: Eurotramp Ultimate 4x4
- Time of Flight Machines and Horizontal Displacement machines, where applicable
- Double Mini-Trampoline: Eurotramp Ultimate 6x6
- Tumbling: GymNova Tumble Track seen at all British Gymnastics Events in 2017, (10m run up, 25m track, 6m landing zone)

### **Access to Warm-Up Hall**

The EGA will make every effort to provide a warm-up hall where space is available. The EGA will aim to provide a floor area to complete a body warm-up. Where space permits, the EGA will look to have warm-up equipment to help prepare athletes' warm-up off the competition floor.

Access to the warm-up hall will be limited to the appropriate number of coaches as defined in the specific details section for each event. On arrival, coaches will need to register and collect their accreditation from the Accreditation Desk. In the case of events spanning more than one day, accreditation may be issued for each day.

Judges will not be allowed into the warm-up hall once the Judges' Meeting has taken place.



The warm-up will be defined by time allotted in the Timetable. If your gymnast was late to the warm-up, they will not be afforded extra time. It is up to the coach and performer to be on time and ready to warm-up and compete.

### **Food & Drink**

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies. This does not extend to personal drinks in sealable bottles, which will be allowed within the competition area.

The chewing of gum is not allowed anywhere on the competition floor at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

### **Babies and Young Children**

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm-up hall or field of play, even if they are being supervised by an adult.

### **Medal Ceremonies**

Except in exceptional circumstances, gymnasts who win a medal at EGA events are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony to collect their award in person. Medals will only be distributed at events, not by post.

Attire for medal ceremonies is according to [FIG Rules for World Championships](#).

## Tenure of Trophies

All perpetual trophies remain the property of the EGA.

Perpetual trophies are the responsibility of the winning gymnast. The gymnast is responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either:

- Planning for it to be delivered to the competition venue on the day of the event.
- Returning it to the competition organiser at least one week prior to the event.

Failure to return or loss of a perpetual trophy will incur a cost to the club.

## Spectators Ticket Information

This will be confirmed in the Working Plan created for the specific venue.

Once released the tickets will be available from [GymData](#) directly.

## Privacy

[English Gymnastics Privacy Notice.](#)

At many events, English Gymnastics may produce event merchandise (e.g., event t-shirts), these may include the names and/ or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with the Organising Committee to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores and results from English Gymnastics events, will be published on the [English Gymnastics Website](#) in the specific event page upon receipt from GymData although are available on the [GymData website](#) immediately. English Gymnastics will not redact your details from the published results unless there is a justifiable reason to reject an objection to publication.

Apart from as required for the running of the competition, Gymnasts, Coaches, Judges, and Officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results.

## Etiquette

While sport can be a highly competitive activity, please ensure you support every gymnast, coach and parent/ guardian involved. Everyone has been involved at some point and every competition/ event is a celebration of those efforts.

It is important that the access to the 'Official's area' (judges, scoring etc.) is restricted to authorised personnel only.

The Competition Organiser has the right to withdraw any entry/ entries where appropriate etiquette and professionalism is not upheld before, during and after the event. This, therefore, could affect future attendance at events and become a welfare issue.

## Photography

English Gymnastics & DE Photos may take images to record, demonstrate, and promote the gymnastics activities performed throughout this event. Any images published on our website, social media account, and in our communications will align with the British Gymnastics [Safeguarding Policy & Procedure](#) and [Photography Policy](#).

This events Privacy Statement can be found in [Section 8.08 - Privacy statements](#) and the official photographers found [online](#).

Anyone that does not wish to be filmed, photographed, or imaged published are to inform the Event Organiser via [email EGA Events](#).

Where notified, steps will be able to be put into place to prevent the imagery capturing. Any published images will be reviewed prior to publication.

## Spectators

Photography is **permitted by family & friends of event participants**, providing these are for **used for personal use only**.

### Responsibility of each Club:

- Inform any representatives, gymnasts, parents, and spectators of these photography arrangements.
- Inform the Event Organiser via email [EGA Events](#) of anyone who does not wish to have their photo taken by the by the Event Organiser for event promotional purposes.
- Ensure that any images taken for club purposes are restricted to club members in line with the clubs' privacy notice.

### When taking photographs and videos:

- **Remove** any 'flash' and/ or 'light' on their device.
- **Not to be** used of children in a way that would place a child at risk of harm.
- **Not to be** used in a way that is inappropriate given the age of the participant & the context that the image was taken.
- **Not to be** used in a way that would cause damage or distress to any individual or in a way that could bring the sport into disrepute.
- **Not to be** edited in such a way as to cause embarrassment or distress.
- **Not to be** published where there is a legal or safeguarding reason not to.
- **Not to be** without appropriate safeguards in place to minimise the likelihood of anyone who is not authorised to view or use these images.
- **Not to be** live streamed at any point during the gymnastic activities.

In the circumstance anyone suspects a breach of this photography arrangement, please inform a member of event staff or the Welfare Officer.

## Complaints and grievances

Complaints about any aspect of the English Championships or any of the qualification events must be raised in writing by either the head coach or club secretary. Please email your complaints to the [English Event Enquiries](#). Your complaint will be responded to within 14 days of receipt. No complaints will be entertained if sent by a parent or gymnast.

## Drug Free Sport

English Gymnastics follows all British Gymnastics policies and procedures relating to Drugs in sport. The British Gymnastics Guidelines on Anti-Doping are available [here](#).

## Health and safety

### Overview

The health, safety, and welfare of all participants (gymnasts, coaches, and officials) is the primary consideration. All British Gymnastics policies and procedures will be rigorously applied with regards to health, welfare and safeguarding and protecting children.

The intention of the event is to create a friendly and no-stress/ low-pressure environment for all those involved, while allowing gymnasts the opportunity to challenge themselves to do their best. Ensuring the safety of the gymnasts, no matter their age, is a priority in the event set up, programme design and risk assessment, using the guidance set out by British Gymnastics within the [Club Hub - Resources \(Health, Safety, & Welfare: Safe Coaching\)](#) document.

### Risk assessments

Risk assessments have been carried out for this event, but if you feel there is something/one that may require additional assessment, please contact [English Event Enquiries](#) via email ASAP with specific details.

While risk assessments for the event have been completed, your club is responsible for specific risk assessments related to your club e.g., travelling to and from the event etc.

### Welfare

English Gymnastics will ensure that at all EGA events there is a dedicated Welfare Officer both recognisable and contactable by all those involved. This person will be named within the Work Plan in the lead up to each specific event.

Where a club has a Welfare Officer who would like to take this responsibility, or support this role, during a EGA event, email [English Gymnastics Events](#)

### Overnight stays

As per requirement of the [Code of Conduct](#), all club representatives must support the welfare of all gymnasts no matter their individual characteristics. Where anyone is in breach of this, you can make a report to the nearest member of venue staff or the event Welfare Officer.

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be British Gymnastics recognised Safeguarding and Protecting Children award or Home Country equivalent. The appropriate criminal records checks should also have been completed.

For Overnight Trips the appropriate form needs to be completed in full and sent to British Gymnastics at least four weeks prior to travel so your trip form can be approved and endorsed by our insurers. Failure to inform British Gymnastics of any overnight stays may invalidate your insurance.

British Gymnastics Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance. Further information can be found on [Club Hub](#)

### **Medical Provision**

Anyone requiring First Aid assistance should speak to the Organiser. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all EGA events, an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring or injury requiring treatment during the official training or competition, must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Event Organiser based upon the recommendation of the EGA appointed medical officer as to the gymnast's health and medical status and their ability to compete at the event is absolute and final.

### **Emergencies**

In the event of an emergency, everyone attending must adhere to the emergency procedures which will be clearly marked out by signage throughout the venue.

Coaches are to ensure all their gymnasts are kept together until registered and then handed back to their responsible adult in line with their club's event attendance risk assessment.

### **Allergies**

As part of the safety for everyone, please ensure you pass on the message to all your coaches, gymnasts, judges, and parents/spectators that any food being brought to the event should be **nut free** and keep in mind any other potential allergies that could be affected by food being brought.

## Appendix 1 – Time of Flight Protocols

(Time of Flight Measurement Device = TMD)

ToF Score (T-Score) Protocol

The T score will be determined by the measurement retrieved via the TMD. In the event of this NOT being achieved the following back up protocols will be adopted:

### ToF Back-up Protocol 1

In the first instance, the T score will be determined using the TMD's recommended T-Score retrieval software-VTimer.

### ToF Back-up Protocol 2

In the event of the routine being missed on both the TMD and the capturing software, the competitor will be authorised another attempt(s). The authorisation will be granted based on 'faulty equipment'. In this scenario, the original E and D scores will remain the same. The attempt(s) will be judged only by the ToF judge, and the routine being verified by the D judges. Should this happen, the following regulations will be applied:

The Chair of judges will negotiate only with the gymnast's coach for the most opportune moment for him/ her to have their second attempt(s), (this must be completed within the time scale permitted as outlined in the event timetable).

The second attempt/s will be judged only by the ToF judge. The original E and D score will remain operative.

The gymnast must compete with the exact same routine as the one in which their T-score was missed.

In the event the gymnast fails to complete their routine after an agreed amount of attempts the T-score will be calculated based on previous scores.

### ToF Back-up Protocol 3 (Previous Scores)

In the event of the gymnast failing to complete their attempts the T-score will be based on the T=score from the last (or previous) qualification event(s). However, the routine would have needed to be the same. Should this not be possible, this protocol will not be used, and Number 4 will become operative.

## Appendix 2 – Tie Break Rules

FIG 2022-2024 Technical Regulation (PDF) can be found [here](#).

Specific focus on pages 105 – 107 (art. 4.4). Below are those rules:

### Art. 4.4 Tie-breaking rules

These tie-breaking rules define how to determine which gymnast or team should prevail in case of equality of points.

#### Art. 4.4.1 Individual Trampoline

In case of a tie, the ranking will be determined by the following criteria:

1. The gymnast with the higher T-score of the counting exercise prevails
2. The gymnast with the higher H-score of the counting exercise prevails
3. The gymnast with the higher D-score of the counting exercise prevails
4. The gymnast with the higher sum of all E-scores the counting exercise prevails
5. The gymnast with the higher sum of the scores of the two exercises (applicable only for the first Qualifying Round)

#### Art. 4.4.2 Synchronised Trampoline

In case of a tie, the ranking will be determined by the following criteria:

1. The pair with the higher S-score of the counting exercise prevails
2. The pair with the higher H-score of the counting exercise prevails
3. The pair with the higher D-score of the counting exercise prevails
4. The pair with the higher sum of all E-scores the counting exercise prevails
5. The pair with the higher sum of the two exercises (applicable only for the first Qualifying Round)

If there is still a tie, the tie will not be broken.

#### Art. 4.4.3 Team Competition Trampoline

In case of a tie, the ranking will be determined by the following criteria:

1. The team with the higher sum of the 3 best T-scores of the counting exercises prevails
2. The team with the higher sum of the 3 best H-scores of the counting exercises prevails
3. The team with the higher sum of the 3 best D-scores of the counting exercises prevails
4. The team with the higher sum of the 3 best of all E-scores of the counting exercises prevails

If there is still a tie, the tie will not be broken.

#### Art. 4.4.4 Tumbling and Double Mini-Trampoline

In case of a tie, in points at any place in the First Qualifying Round (Q1), the ranking will be determined by the following criteria:

1. The gymnast with the higher sum of the D-scores of both exercises prevails
2. The gymnast with the higher sum of all the E-scores of both exercises prevails
3. The gymnast with the higher sum of all the E-scores per skill of both exercises, minus the lower E-score per skill, prevails

4. The gymnast with the higher sum of all the E-scores per skill of both exercises, minus the two lower E-scores per skill, and subsequently until the five lowest, prevails

In case of a tie, in points at any place in the Second Qualifying Round (Q2), the ranking will be determined by the following criteria:

1. The gymnast with the higher ranking in the First Qualifying Round (Q1) prevails

In case of a tie, in points at any place in F1, the ranking will be determined by the following criteria:

1. The gymnast with the higher ranking in the Second Qualifying Round (Q2) prevails

In case of a tie, in points at any place in F2, the ranking will be determined by the following criteria:

1. The gymnast with the higher ranking in F1 prevails

#### **Art. 4.4.5 Team Competition Tumbling and Double Mini-Trampoline**

In case of a tie, in points at any place in the Qualifying Round, the ranking will be determined by the following criteria:

1. The team with the higher sum of the 3 best D-scores of both exercises prevails
2. The team with the higher individual D-score of both exercises prevails
3. The team with the higher sum of the 3 best of all E-scores of both exercises prevails
4. The team with the higher sum of the 2 best of all E-scores of both exercises prevails

If there is still a tie, the tie will not be broken.

In case of a tie, in points at any place in the Team Final, the ranking will be determined by the following criteria:

1. The team with the higher 3 D-scores prevails
2. The team with the higher individual D-score prevails
3. The team with the higher sum of the 3 all E-scores prevails
4. The team with the higher sum of the 2 all E-scores prevails

If there is still a tie, the tie will not be broken.

#### **Art. 4.4.5 Team Competition Tumbling and Double Mini-Trampoline**

In case of a tie in points at any place after the Qualifying Round Ranking, the ranking will be determined by the following criteria:

1. The team with the higher sum of the 8 best D-scores prevails
2. The team with the higher sum of the 7 best D-scores prevails
3. The team with the higher sum of the 6 best D-scores, and subsequently, prevails

If there is still a tie, the tie will not be broken.

In case of a tie at any individual discipline during the All-Around Team Final, the tie will not be broken and both teams will receive the same amount of points.

In case of a tie at any place in the transition between rounds, the starting order will be determined by the Qualifying Round Ranking



If there is a tie in points after the final discipline, the following will apply to determine the winner:

1. The team with the highest total score (adding the scores of the eight events from Finals)

If there is still a tie, the team with the higher Qualifying Round Ranking prevails.



# ENGLAND VOLUNTEERS



Would like to help with the organising or running of the competition?

We are looking for volunteers both adult & children.

Completing your Duke of Edinburgh Award Scheme or feel a need to volunteer your time to the sport that is close to the hearts of us all. Come along and help make the days of Qualification and Championships competitions smoother.

If you're interested, email our [English Gymnastics Events](#) team.

**Jobs available:**

Floor Managers (Adult Only)

Warm Up Hall Marshal

Field of Play Marshals

Welfare Officer (Adult Only)

Medal Ceremony (Children Only)

Door Staff (Adults only)

Ticket Sellers (Adults Only)

Check in Staff

**Thank you in advanced for any help you can provide**